

# Sennariolo

**El Fra tour** by Angela Casule  
Transportation/rental of cars with driver.  
Vico Guglielmo Marconi, 6, 09078 Sennariolo  
Phone: + 39 3293171702  
E-mail: [elfratourmontiferru@gmail.com](mailto:elfratourmontiferru@gmail.com)

**La Piccola Parigi B&B**  
Bed & Breakfast.  
Vico Guglielmo Marconi, 6, 09078 Sennariolo  
Phone: +39 3293171702  
E-mail: [elfratourmontiferru@gmail.com](mailto:elfratourmontiferru@gmail.com)

**Agriturismo Fattoria S'Imbiligu**  
Farmhouse, educational farm, bed & breakfast, restaurant.  
Locality Sentis, 09078 Sennariolo  
Phone: +39 340 795 3610  
E-mail: [danielatiana@yahoo.it](mailto:danielatiana@yahoo.it)  
[ciccittaserra@yahoo.it](mailto:ciccittaserra@yahoo.it)  
Website: [www.fattoriasimbiligu.it](http://www.fattoriasimbiligu.it)  
Facebook: <https://it-it.facebook.com/FattoriaSimbiligu/>

**Centro ristoro La Rosa dei venti**  
Restaurant, Inn, Bed & Breakfast, food laboratory, camper parking area.  
Locality Colle di Santa Vittoria, 09078 Sennariolo  
Phone: + 39 3490683862 / +39 3402722713  
E-mail: [delrio.gianluca@tiscali.it](mailto:delrio.gianluca@tiscali.it)  
Website: <http://www.larosadeiventiristorante.com/>  
Facebook: [www.facebook.com/La-Rosa-dei-Venti-136993219780946/](https://www.facebook.com/La-Rosa-dei-Venti-136993219780946/)

**Agriturismo Sa Murta**  
Farmhouse, restaurant, inn, camper parking area.  
Locality Peddio, 09078 Sennariolo  
Phone: + 39 329 219 5902  
E-mail: [info@agriturismosamurta.it](mailto:info@agriturismosamurta.it)  
Website: [www.agriturismosamurta.it](http://www.agriturismosamurta.it)  
Facebook: [www.facebook.com/agriturismo-sa-murta-202640134683/](https://www.facebook.com/agriturismo-sa-murta-202640134683/)

**Bed & Breakfast Alma**  
Bed and breakfast.  
Via Santa Vittoria, 9, 09078 Sennariolo  
Phone: +39 347 419 6022  
Facebook: <https://it-it.facebook.com/ALMA-BED-sennariolo-1710750369239867/>

**Bar Mario** by Mario & Carmela  
Bar & Coffee, kiosk, cigarettes, telephone refills.  
Via Santa Vittoria, 2, 09078 Sennariolo  
Phone: +39 0785 32521  
Facebook: <https://www.facebook.com/Bar-Mario-1496223337262038/>  
Opening hours: ore 06.30/21.30 hrs, Monday closed

**Centro estetico Beauty Bar** by M. Assunta Giallara  
Beauty center.  
Via Guglielmo Marconi, 9, 09078 Sennariolo  
Phone: + 39 347 791 0829  
E-mail: [beautybar@outlook.it](mailto:beautybar@outlook.it)  
Facebook: <https://it-it.facebook.com/Beauty-Bar-900767876675058/>  
Public opening hours: Tuesday to Friday 09.00/13.00 and 15.00/18.30, Saturday 09.00/17.00, Monday closed

**Parrucchiera Mariangela** by Mariangela Mette  
Hairdresser man/woman.  
Via XXIV Maggio, snc, 09078 Sennariolo  
Phone: +39 3283595858  
Public opening hours: Tuesday to Saturday 10.00/13.00 and 16.00/19.00, closed on Mondays

**Apicoltura Brisi**  
Honey lab, retail.  
Via Eleonora, 11, 09078 Sennariolo  
Phone: + 39 0785374591 / + 39 3888464246 / +39 3385889560  
E-mail: [apicolturabrisi@alice.it](mailto:apicolturabrisi@alice.it)

**Azienda Agrozootecnica Sinnadolzu**  
Agro-zootechnical company, cheese sale.  
Via Santa Vittoria, 09078 Sennariolo  
Phone: + 39 3457052850 / +39 3398083558  
Website: [www.sinnadolzu.it](http://www.sinnadolzu.it)  
Facebook: <https://it-it.facebook.com/Sinnadolzu-Formaggi-710662299056070/>

**Alidiluna gioielli artigianali** by Luca Tinaglia  
Handcrafted jewelry and bijoux.  
Via Vittorio Emanuele, 38, Sennariolo  
Phone: +39 0785 32074  
E-mail: [lucacat68@yahoo.it](mailto:lucacat68@yahoo.it)  
Facebook: <https://www.facebook.com/Alidiluna-168087349873283/>

# Stay in Sennariolo



Sennariolo (sardinian: *Sinnariolo*)  
State: Italy  
Region: Sardinia  
Province: Oristano  
Altitude: 274 m a.s.l.  
Surface area: 15,61 km<sup>2</sup>  
Density: 12 inh/km<sup>2</sup>  
Inhabitants: 168 (as at 30.06.2019), sennariolesii (sardinian: *sinnariolesos*)  
Patron: St. Andrew the Apostle (November 30<sup>th</sup>)

Directions: Sennariolo can be reached by a combination of public transports (trains and buses).

For information on how to plan your itinerary: [www.rfi.it/rfi/LINEE-STAZIONI-TERRITORIO/Nelle-regioni/Sardegna](http://www.rfi.it/rfi/LINEE-STAZIONI-TERRITORIO/Nelle-regioni/Sardegna) [www.arst.sardegna.it/index.html](http://www.arst.sardegna.it/index.html)

Distances from the main centres:  
Oristano (45.7 km), Macomer (22.9 km), Bosa (17.3 km), Alghero (58.8 km);  
Alghero-Fertilia "Riviera del Corallo" Airport (70 km);  
Olbia "Costa Smeralda" Airport (138 km);  
Cagliari-Elmas "Mario Mameli" Airport (134 km).

[www.comune.sennariolo.or.it](http://www.comune.sennariolo.or.it)

# Stay in Sennariolo

## Territory and economy

Sennariolo is a centre with an agro-pastoral vocation, the local economy is based mainly on the resources deriving from agriculture and livestock farming and on the activities connected to them.

The centre is well known for the production of high-quality olive oil, cheese and honey.

In recent years, tourism has been an additional and fundamental resource for the country.

The beauty of the village, the short distance from the sea and the most important centers of the area, the clean air, the particularly attractive location, the hospitality of the people, the strong appeal for the presence of genuine products and quality, and finally the increase of various activities such as farms, restaurants and various accommodation facilities, make possible a stay of excellent quality at affordable prices.

## Gastronomy/food

Sennariolo is a centre fairly renowned for the production of olive oil, high quality honey and excellent cheeses.

The traditional local cuisine is based on the typical products: a "poor" cuisine, which aims to recover the territory, the raw materials, and the traditions, customs and memories of the place.

The recipes are proposed again as people know them by custom and tradition.

The tables therefore cannot miss dishes of peasant / pastoral origin, simple and tasty dishes of land and sea, hunting, fishery and vegetable products, bread, cheeses and wines.



Among the typical dishes that can be found in all the houses we can remember first courses such as "cicciones" (similar to gnocchetti), and "culurgiones" (ravioli stuffed with ricotta and herbs).

The main courses include roast suckling pig or lamb, stewed wild boar, or dishes based on entrails (e.g. "sa corda", based on interwoven lamb intestines and cooked in a pan with various contours such as peas or olives, or "su trataliu", based on lamb or young goat entrails).

Among the side dishes, but often also eaten as soups: the fennel soup ("sa suppa falsa"), "su chibuddau" (onions stewed in a pan that can be eaten as a soup with slices of bread or even as a simple side dish) and the "favata" ("sa fae a landinu", made with dried broad beans, pork lard and vegetables or wild herbs).

Among the cheeses, you can taste the fresh or aged "pecorino" and "caciocavallo" ("su casizolu").

Finally, among the typical sweets, present throughout Sardinia, but with variations from area to area we remember the "papassinos" (cakes with flour, walnuts, raisins and almonds or hazelnuts), the "pardulas" (pasta cakes stuffed with ricotta or cheese) and the "seadas" (fried discs of fresh pasta stuffed with cheese, covered and served with melted honey).



## Useful links

### Town Hall

Via Guglielmo Marconi, 8, 09078 Sennariolo

Phone: +39 0785 32276

E-mail: [comune.sennariolo@tiscali.it](mailto:comune.sennariolo@tiscali.it)

P.E.C.: [protocollo@sennariolo@pec.it](mailto:protocollo@sennariolo@pec.it)

Open to the public: Monday to Friday from 10.00 a.m. to 12.00 noon.

### Municipal police

Via Guglielmo Marconi, 8, 09078 Sennariolo

Phone: +39 0785 32276

E-mail: [comune.sennariolo@tiscali.it](mailto:comune.sennariolo@tiscali.it)

Open to the public: Monday to Friday from 10.00 a.m. to 12.00 noon.

### Town Library

Via Roma, 4, 09078 Sennariolo

Phone: +39 0785 32321

E-mail: [sennariolo@bibliomontiferru.it](mailto:sennariolo@bibliomontiferru.it)

Open to the public: Tuesday, Thursday and Friday from 15.30 to 19.30

### Parish St. Andrew the Apostle

Piazza Rimembranza, 09078 Sennariolo

Phone: +39 328 5586988

Opening hours to the public: during and immediately after religious services: Monday to Saturday at 18.00, Sunday morning at 11.30, afternoon at 18.00, free admission.

### Fondazione Hymnos- Hymnos Foundation

Via Eleonora, 11, 09078 Sennariolo

Website: <http://www.hymnos.sardegna.it>

### Associazione Culturale Fromigas- Fromigas Cultural Association

Facebook: <https://www.facebook.com/Associazione-Culturale-Fromigas-Sennariolo-595229117557641/>

E-mail: [assculturalefromigas@gmail.com](mailto:assculturalefromigas@gmail.com)

### Medical help desk

Via Santa Vittoria, 09078 Sennariolo

Public opening hours: Monday, Wednesday and Friday from 08.45 a.m. to 10.00 a.m.

### Nursing desk support

Via Santa Vittoria, 09078, Sennariolo

Public opening hours: wednesday from 08.00 a.m. to 09.00 a.m.

### Pharmaceutical dispensary

Via Santa Vittoria, 09078 Sennariolo

Phone: +39 0785 32177

Public opening hours: Monday, Wednesday and Friday from 08.45 a.m. to 10.00 a.m.

### Minimarket

Via Santa Vittoria, 1, 09078 Sennariolo

Phone: +39 3408683956/ +39 3456272390

Open to the public: morning from Monday to Saturday 08.00/13.00 a.m.

Afternoon: Tuesday, Thursday, Friday and Saturday 17.00/20.00 p.m.

Mondays and Wednesday closed. On summer opened Sunday morning 8.00/13.00